

Time	First Name	Surname	Gender	Gen. Posn.	Club
29:30	Liam	Briscoe	M	1	Fittleworth Flyers
29:33	Jon	Barnes	M	2	Henfield Joggers
30:32	Daegan	Beaumont	M	3	Hove Hornets
31:18	Sean	Moss	M	4	Worthing Harriers
33:30	Mikeey	Kwoka	M	5	Chichester Runners
33:41	Jonathan	Burrell	M	6	Lewes AC
33:46	Colin	Bennett	M	7	Lewes AC
34:24	Matthew	Wilson	M	8	Worthing Harriers
34:35	Jim	Garland	M	9	Chichester Runners
34:36	Will	Russell	M	10	Portslade Hedgehoppers
34:43	Luke	Minogue	M	11	Horsham Joggers
34:47	Antony	Bishop	M	12	Steyning AC
34:56	Craig	Partridge	M	13	Arunners
35:03	Simon	Turk	M	14	Steyning AC
35:09	Hayley	Swann	F	1	Worthing Harriers
35:10	Paul	Luttman	M	15	Saints and Sinners
35:18	Thomas	Orsman	M	16	Portslade Hedgehoppers
35:25	Stephen	Cousins	M	17	Worthing Harriers
35:45	Rob	Swaine	M	18	Steyning AC
35:51	Mark	McFarlane	M	19	Hove Hornets
35:57	Mike	Osman	M	20	Worthing Striders
35:58	Stephen	Goldsmith	M	21	Crawley Run Crew
36:04	Mark	Halls	M	22	Portslade Hedgehoppers
36:17	Andy	Selman	M	23	Steyning AC
36:32	Steve	Seth	M	24	Hove Hornets
36:54	Nick	Phillips	M	25	Goring Road Runners
37:10	Simon	Mills	M	26	Horsham Joggers
37:17	Steve	Eastty	M	27	Lancing Eagles
37:29	Matthew	Dougan	M	28	Hove Hornets
37:34	Rob	Shalloe	M	29	Burgess Hill Runners
37:39	Robin	Charnock	M	30	Chichester Runners
37:40	Ryan	Johnstone	M	31	Hove Hornets
37:53	Mark	Amicucci-Brown	M	32	Portslade Hedgehoppers
38:16	Camilla	Bishop	F	2	Steyning AC
38:22	Adam	Collard	M	33	Lancing Eagles
38:30	Abigail	Redd	F	3	Haywards Heath Harriers
38:38	Gez	Cummins	M	34	Steyning AC
38:55	Richard	Gaskill	M	35	Hove Hornets
39:00	Oliver	Hawsworth	M	36	Hove Hornets
39:04	David	Dawson	M	37	Horsham Joggers
39:08	Peter	Longton	M	38	Portslade Hedgehoppers
39:10	Timothy	Boone	M	39	Arunners
39:12	Evert	Baker	M	40	Worthing Harriers

39:18	Miriam	Valencia	F	4	Fittleworth Flyers
39:21	Andrew	Stadden	M	41	Arunners
39:22	Jake	Fletcher	M	42	Steyning AC
39:24	Lydia	Jordan	F	5	Steyning AC
39:25	Reg	Shirley	M	43	Goring Road Runners
39:27	Dale	Till	M	44	Arunners
39:28	Helen	Sida	F	6	Lewes AC
39:29	Rob	Stanway	M	45	Lewes AC
39:30	Xenia	Parsons	F	7	Hove Hornets
39:31	Paul	Quinnell	M	46	Fittleworth Flyers
39:34	Lee	Gulliver	M	47	Worthing Harriers
39:44	Tim	Brown	M	48	Chichester Runners
39:45	Ben	Smith	M	49	Hove Hornets
39:47	Robert	Graham	M	50	Worthing Striders
39:48	Andrew	Bishop	M	51	Burgess Hill Runners
39:50	Josh	Cable	M	52	Lancing Eagles
39:56	Vince	Shirley	M	53	Goring Road Runners
39:57	Tony	Blayden	M	54	Lancing Eagles
40:01	Dave	Tibbals	M	55	Saints and Sinners
40:08	Ian	Dickinson	M	56	Horsham Joggers
40:11	Andrea	Potter	F	8	Hove Hornets
40:21	Martin	Loose	M	57	Goring Road Runners
40:29	Annette	Maynard	F	9	Burgess Hill Runners
40:31	Steve	Jones	M	58	Steyning AC
40:34	Ian	Puttock	M	59	Arunners
40:42	Matt	Honey	M	60	Steyning AC
40:47	Cliff	Saran	M	61	Hove Hornets
40:49	David	Brand	M	62	Goring Road Runners
40:50	Antonio	Terrano	M	63	Steyning AC
40:52	Huw	Morris	M	64	Steyning AC
40:55	Dave	Reading	M	65	Chichester Runners
41:00	Paul	Hurley	M	66	Worthing Striders
41:02	Hillary	Pollard	F	10	Chichester Runners
41:04	Mike	Miller	M	67	Hove Hornets
41:08	Ed	Warner	M	68	Fittleworth Flyers
41:09	Nadia	Anderson	F	11	Chichester Runners
41:14	Peter	Barnes	M	69	Hove Hornets
41:18	Dan	Peters	M	70	Hove Hornets
41:22	Olivia	Barr	F	12	Steyning AC
41:27	Ian	Greenaway	M	71	Saints and Sinners
41:31	Carl	Dowling	M	72	Lewes AC
41:36	Trevor	Symes	M	73	Burgess Hill Runners
41:46	Alice	Kendall	F	13	Lancing Eagles
41:55	Clive	Mills	M	74	Arunners
42:02	Martha	Matthews	F	14	Hove Hornets
42:06	Moyra	Amess	F	15	Steyning AC

42:11	Simon	Russell	M	75	Portslade Hedgehoppers
42:16	Sam	Buckland	M	76	Henfield Joggers
42:19	Mark	Lavender	M	77	Saints and Sinners
42:41	James	Smyth	M	78	Haywards Heath Harriers
42:48	Janice	Lockyer	F	16	Worthing Harriers
43:03	Dominic	Osman-Allu	M	79	Lewes AC
43:22	Linda	Tombs	F	17	Fittleworth Flyers
43:26	Delphine	Penning	F	18	Steyning AC
43:35	Simone	Cuthbert	F	19	Lancing Eagles
43:42	Mark	Tyler	M	80	Steyning AC
43:47	Peter	Dunne	M	81	Chichester Runners
43:54	John	Little	M	82	Lancing Eagles
43:56	Rick	Donoghue	M	83	Arunners
44:06	Gerard	Dummett	M	84	Lewes AC
44:07	Simonetta	D'ariento-Cole	F	20	Steyning AC
44:08	Victoria	Cousins	F	21	Worthing Harriers
44:09	Lesley	Tugwell	F	22	Worthing Harriers
44:13	Terry	Avey	M	85	Portslade Hedgehoppers
44:15	Natasha	Sparks	F	23	Goring Road Runners
44:20	Carla	Price	F	24	Steyning AC
44:25	Ian	Wilby	M	86	Worthing Striders
44:28	Sue	Ford-Dunn	F	25	Steyning AC
44:46	Peter	Loose	M	87	Goring Road Runners
44:48	Sarah	Stanbridge	F	26	Saints and Sinners
44:50	Luisa	Giammattei	F	27	Goring Road Runners
44:55	John	Palmer	M	88	Burgess Hill Runners
45:02	Julian	Pringle	M	89	Fittleworth Flyers
45:05	Rob	Elliot	M	90	Arunners
45:07	Steve	Collins	M	91	Steyning AC
45:08	Penelope	Barron	F	28	Horsham Joggers
45:20	Brian	Mason	M	92	Steyning AC
45:24	Andrew	Wright	M	93	Horsham Joggers
45:29	Catherine	Bradley	F	29	Hove Hornets
45:30	Matt	Saunders	M	94	Goring Road Runners
45:34	David	Hodgkin	M	95	Henfield Joggers
45:35	Phil	Gale	M	96	Portslade Hedgehoppers
45:38	Catherine	Betts	F	30	Chichester Runners
45:39	Tony	Pearce	M	97	Worthing Striders
45:41	Nick	Jackson-Smith	M	98	Hove Hornets
45:43	Miyu	Stephenson	F	31	Saints and Sinners
45:50	Richard	Barron	M	99	Horsham Joggers
45:51	Kirstie	Hedger	F	32	Horsham Joggers
45:52	Luke	Taylor	M	100	Saints and Sinners
45:57	Juliet	Starbuck	F	33	Steyning AC
46:06	Fiona	Pearce	F	34	Arunners
46:11	Aliki	Hiestermann	F	35	Lancing Eagles

46:12	Richard	Light	M	101	Burgess Hill Runners
46:32	Mike	Gibbons	M	102	Portslade Hedgehoppers
46:38	John	Turley	M	103	Worthing Striders
46:42	Antonia	Boxall	F	36	Burgess Hill Runners
46:49	Tom	Blaylock	M	104	Chichester Runners
46:54	Hugh	St John	M	105	Lewes AC
46:58	Ed	Wheeler	M	106	Saints and Sinners
47:08	Kevin	Stephenson	M	107	Saints and Sinners
47:16	Ginette	Price	F	37	Hove Hornets
47:20	Sally	Symes	F	38	Burgess Hill Runners
47:38	Anthony	Seddon	M	108	Portslade Hedgehoppers
47:39	Elaine	Cruttenden	F	39	Chichester Runners
47:41	Jon	Brook	M	109	Steyning AC
47:45	Nic	Jolly	F	40	Chichester Runners
47:57	Matthew	Horne	M	110	Horsham Joggers
48:03	Sarah	Hamilton	F	41	Haywards Heath Harriers
48:12	Paula	Wallace	F	42	Goring Road Runners
48:21	Jane	Schofield	F	43	Hove Hornets
48:22	Jennie	Wylie	F	44	Hove Hornets
48:24	Tracey	Lockyear	F	45	Chichester Runners
48:53	Alison	Milborrow	F	46	Steyning AC
49:03	Ben	Walsh	M	111	Portslade Hedgehoppers
49:15	Theresa	Howard	F	47	Hove Hornets
49:20	Miranda	Morley	F	48	Horsham Joggers
49:22	Martin	Smith	M	112	Goring Road Runners
49:27	Thomas	Peel-Yates	M	113	Burgess Hill Runners
49:32	Sarah	Saunders	F	49	Goring Road Runners
49:33	Himanshu	Patel	M	114	Arunners
49:34	Claire	Holding	F	50	Steyning AC
49:39	Chris	Page	M	115	Burgess Hill Runners
49:44	Ian	Hughes	M	116	Lancing Eagles
49:46	Tim	Kimber	M	117	Lancing Eagles
49:48	Mary	Freestone	F	51	Saints and Sinners
50:17	Iain	Campbell	M	118	Horsham Joggers
50:26	Michelle	Duplock	F	52	Hove Hornets
50:44	Abbi	O'Neill	F	53	Arunners
50:46	Karen	Harvey	F	54	Burgess Hill Runners
51:08	Karen	Weller	F	55	Hove Hornets
51:10	Beverly	Sheridan	F	56	Portslade Hedgehoppers
51:14	Bryan	Darney	M	119	Goring Road Runners
51:28	George	Wotton	M	120	Burgess Hill Runners
51:54	Richard	Rudd	M	121	Lewes AC
51:57	Duncan	Toms	M	122	Arunners
52:08	Scott	Chinchen	M	123	Steyning AC
52:21	Jeremy	Harrison	M	124	Chichester Runners
52:44	Sue	Baker	F	57	Chichester Runners

53:15	David	Evans	M	125	Horsham Joggers
53:18	Mark	Anderson	M	126	Fittleworth Flyers
53:20	Lorna	Schmidt	F	58	Arunners
53:48	Olivia	French	F	59	Arunners
54:01	Nicola	Saunders	F	60	Burgess Hill Runners
54:52	Carys	Hind	F	61	Haywards Heath Harriers
54:57	Caroline	Gumm	M	127	Haywards Heath Harriers
56:06	Stella	Daff	F	62	Saints and Sinners
56:16	Jo	Elsden	F	63	Hove Hornets
56:28	Hugh	Stevenage	M	128	Burgess Hill Runners
57:08	Tracey	Thomas	F	64	Lancing Eagles
57:08	Sharon	McHale	F	65	Lancing Eagles
57:13	Wendy	Whelan	F	66	Chichester Runners
57:21	Yian	Soloman	F	67	Lancing Eagles
57:23	Mike	McHugh	M	129	Lancing Eagles
58:21	Theresa	Donohue	F	68	Saints and Sinners
58:26	Mary	Klanczkowski	F	69	Horsham Joggers
58:32	Karen	Hall	F	70	Hove Hornets
58:33	Georgina	Pacelli	F	71	Hove Hornets
58:55	Dave	Harvey	M	130	Hove Hornets
58:57	Anna	Barnes	F	72	Crawley Run Crew
58:59	Miranda	Attwater	F	73	Crawley Run Crew
59:02	Carolyn	Hartfield	F	74	Crawley Run Crew
59:24	Clare	Hall	F	75	Saints and Sinners
59:30	Stephanie	Charman	F	76	Horsham Joggers
1:00:10	Tania	Blayden	F	77	Lancing Eagles
1:00:19	Ray	Chick	M	131	Fittleworth Flyers
1:00:47	Richard	Bates	M	132	Haywards Heath Harriers
1:00:52	Theresa	Wright	F	78	Saints and Sinners
1:01:36	Chris	Wells	M	133	Crawley Run Crew
1:02:29	Jacky	Brown	F	79	Worthing Striders
1:02:30	Fiona	Hilditch	F	80	Lancing Eagles
1:02:51	Lorraine	Hunter	F	81	Horsham Joggers
1:02:57	Susannah	Murphy	F	82	Portslade Hedgehoppers
1:03:12	Jon	Blayden	M	134	Lancing Eagles
1:04:28	Richard	Daniells	M	135	Saints and Sinners
1:04:48	Myra	Jaspar	F	83	Worthing Striders
1:05:00	Liz	Eastwood	F	84	Goring Road Runners
1:05:38	Lesley	Card	F	85	Worthing Striders
1:08:37	Phil	McErlain	M	136	Arunners
1:09:00	Genie	Lowson	F	86	Burgess Hill Runners
1:10:04	Mike	Airey	M	137	Portslade Hedgehoppers
1:12:20	Eileen	Adlam	F	87	Burgess Hill Runners
2:11:18	Roger	Locke	M	138	Lancing Eagles
2:11:19	Kerry	Kipling	F	88	Portslade Hedgehoppers