## Haywards Heath Harriers - Great Walstead 5 West Sussex Fun Run League, Sunday 9th October 2022

Venue: Great Walstead School, East Mascalls Lane, Lindfield, Haywards Heath, RH16 2QL. Parking available, but please car-share if you can.

Entries limited to 500. Please arrive in plenty of time to collect your race number where applicable.

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| **Race** | **Age** | **Distance** | **Start Time** | **Postal Entry** | **On the day Entry** |
| **A** | Junior - Under 16 | 1600m | 10:30 | £1 (WSFRL) £1 (Other) | £1 |
| **B** | Senior | 8km | 11:00 | £5 (WSFRL) £7 (Other) | £10 |

The course: Both races are totally off-road within the extensive woodlands behind Great Walstead School. Regrettably, the course is unsuitable for wheelchairs. No dogs are permitted.

Facilities: Changing and toilets. No showers. Bags are left at owners’ risk. Free water for runners.   
Please remember to bring your own reusable cup/bottle. Refreshments will be on sale.

Results will be posted on the Haywards Heath Harriers’ website as soon as possible after the event.

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**Postal entries received after 1st October 2022 cannot be processed**

Entries to: Great Walstead 5, 59 Barnmead, Haywards Heath, RH16 1UY (Please enclose C5 stamped, addressed envelope)

**First name**……………………….………………..…….. **Surname**…………..……………………….……… **M/ F  
Date of Birth**……….………..…… **Age on race day**……………..  
**Club/School**………………..….………..…..…………………………………………………… **WSFRL club** – **Y/N**  
**Address**…………………………………………………………………………………………………………………………………………………………………………………………….……………………………………. **Tel**……………………………….….………………….   
**Medical conditions**……………………………………………….……………

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| **Race entered** (Please circle) | **A:** Junior (Under 16) | **B:** Senior |

**I enclose a cheque for £** ………………………………………………………………………………… (Payable to Haywards Heath Harriers)

I am medically fit to run and I understand that the organisers of this event will not be liable for any accident, loss or damage arising from my participation in the event. I am aware that the race results will be published on the Haywards Heath Harriers club and other websites and that the finish area may be filmed for results purposes only.   
 **Signed**:……………………………….……………………………………………………………………………. (Parent/Guardian, if under 16 years).